



Param Pujya Ma

# Arpana

## Newsletter

ARPANA TRUST, Madhuban,  
Karnal, Haryana, India  
June 2026

### Arpana Ashram

#### **Cherished Moments from the Divine Presentation of Ken Upanishad**

The magnificent presentation of *Ken Upanishad*, as elucidated by Param Pujya Ma, and staged at Kamani Auditorium, New Delhi on 15th and 16th April, was received by a full house on both days.



Inspired by the sacred Vedas, Param Pujya Ma brought alive a timeless Upanishadic tale, unveiling its deep spiritual message – *Who is the Doer?*

The occasion was further honoured by the gracious presence of the Hon'ble Lieutenant Governor of Delhi, Shri Taranjit Singh Sandhu, on 15th April, and Dr. Bharat Gupt, Indian classicist, on 16th April.



Members of the Arpana family, along with friends and well-wishers, were also present to witness and celebrate this divine presentation.

#### **Samadhi Diwas**

On 16th April, Arpana celebrated Samadhi Divas – the sacred day marking Param Pujya Ma's state of Eternal Samadhi – at Aashirwad.



Ma's priceless legacy to us – Urvashi – enables us to strip away the veils of illusion to see the Truth and live in *Sat-Chit-Anand*.

On this special day, all those present were infused with a spirit of joyous reverence.

## Arpana Hospital

### Donation of Ambulances for Strengthening Emergency Services

Ambulances were donated to Arpana to strengthen emergency healthcare services. These ambulances will provide timely medical assistance to all patients, especially underprivileged and economically weaker sections. Free or subsidized services will help ensure access to essential healthcare for poor patients.

- ALS Ambulance donated by Oswal Pump Ltd.
- Beri Udyog Pvt. Ltd. donated two new ambulances.

*We are deeply grateful for support for these initiatives from Azuri Capital Advisors LLP, White Waves Capital LLP, Beri Udyog Pvt. Ltd. & Oswal Pump Ltd., as well as support from the Baij Nath Bhandari Public Charitable Trust for poor patients!*



## Haryana Rural Development



Arpana Self Help Groups celebrated International Women's Day on 8th March at Hanuman Stadium, Kunjpura, bringing together about 6,000 women from 80 villages. The gathering was filled with enthusiasm, solidarity, and a shared vision for a stronger and more empowered future for rural women.

**A Vibrant Mela** was organized by SHG women on the premises to showcase and sell a variety of products prepared through their entrepreneurial initiatives, including:

- stalls for kadhi-chawal, paranthas, snacks, and homemade food.
- clay utensils and handmade products.
- promoting products from their small village shops.

It showcased the skills, confidence, and entrepreneurial spirit of rural women while promoting their economic empowerment. It was a truly inspiring celebration of women's strength, unity, and empowerment.



*Arpana is deeply grateful for support from the Baij Nath Bhandari Public Charitable Trust, Mrs. Sushma Lall and Mr. Ravindra Bahl for these initiatives!*

## New Delhi Education Programs

### Class 10th & 12th CBSE Board Results 2026 – All Passed!



Class 12 Board Exams were taken by 37 Arpana students. 1st was Sudha with 92.2%; Bhumika was 2nd (91.6%) and Jyoti 3rd (91.2%). Class 10 Board Exams were taken by 57 students. Chahat came 1st with 78.8%, Vansh and Bhoomika 2nd with 74% and Sapna 3rd with 73%.

### Distribution of Shoes to all the Senior Girls from Grades 9 to 12

On 17<sup>th</sup> April an initiative, 'Walk with Dignity', distributed shoes to girls in classes 9-12 to encourage girls to continue their education with confidence and dignity.



The initiative was supported by Arpana's ex-student Ms. Nidhi, now associated with Child Mental Health Foundation, an NGO working to promote mental well-being and equitable healthcare for children from underserved communities.

### Arpana Providing CUET Coaching for Delhi University Aspirants



Arpana provided extra classes for students aspiring to secure admission to reputed universities through CUET.

A total of 10 students received coaching for CUET preparation from Mrs. Shakuntala Yadav to support their admission goals.

### Scholarship Program at Arpana's Center in Vasant Vihar, New Delhi

On 27<sup>th</sup> March 2026, Arpana organized a Scholarship Programme to honour meritorious students of the Gyan Arambh tuition support program in Vasant Vihar. The event was attended by Mr. Ravi Dayal (Trustee), Mrs. Priya Dayal, Mrs. Meeta Jain (GM) and Dr. Rajinder Bahl.



Students from Classes 1-9 were awarded for academic excellence, subject proficiency, and good attendance, while students from Classes 10-12 were recognised as 'Most Promising Students'. A total of 70 students received cash prizes and books under the scholarship program.

**Arpana is grateful for education support from Caring Hand for Children (USA), Essel Social Welfare Foundation (New Delhi), and AVIVA Plc (UK).**

# Himachal Pradesh

## Lady Mohini Noon Kent Strengthens Rural Livelihoods

### Grass Cutter Machines

Farmers in the hilly regions lead lives of immense hard work, climbing steep slopes, cutting grass, and cultivating small plots.

To support their livelihoods, 10 multipurpose grass cutter machines were distributed on 12<sup>th</sup> April to women and men of the Jatkari area farmer groups at Ravi Valley FPO, Bhadiyakothi. This initiative will help ease their daily workload and improve efficiency.





### Vehicle for Rural Development Programs

A vehicle donated to support Arpana's development programs in Himachal Pradesh will help the team reach remote villages, transport essential supplies, conduct outreach activities, and provide vital services to underserved communities. This valuable contribution will strengthen rural development efforts and improve the lives of people in rural areas.



*Arpana is deeply grateful to Lady Mohini Noon Kent for these initiatives as well as to the Baij Nath Bhandari Public Charitable Trust, Mr. Ravindra Bahl and Mr. Shyam Diwan for other women and farmer empowerment programs!*

**LET'S EMPOWER VULNERABLE WOMEN AND CHILDREN AS THEY REACH FOR THEIR DREAMS!**

<p><b>ARPANA TRUST</b> <b>EDUCATION FOR DISADVANTAGED CHILDREN</b></p> <ul style="list-style-type: none"><li>• Tuition support for classes 1-12 pre-school Classes for toddlers, cultural activities.</li><li>• Vocational training classes.</li></ul> <p><b>HUMANE VALUES FOR AN EQUITABLE SOCIETY</b></p> <ul style="list-style-type: none"><li>• Dramas, Publication, Satsangs</li><li>• Charitable grants for the vulnerable</li><li>• Health/Socio economic assistance</li></ul> <p><b>DONATE ONLINE</b></p> 	<p><b>ARPANA RESEARCH &amp; CHARITIES TRUST</b> <b>PROVIDES MODERN HEALTH CARE THROUGH</b></p> <ul style="list-style-type: none"><li>• Arpana Hospital for free/affordable health care.</li><li>• Arpana Medical centre, Himachal</li></ul> <p><b>EMPOWERING WOMEN</b></p> <ul style="list-style-type: none"><li>• Self Help Group &amp; SHG Federations.</li><li>• Micro - Credit, income generation, community development</li></ul> <p><b>EMPOWERING THE DIFFERENTLY ABLED</b></p> <ul style="list-style-type: none"><li>• differently Abled Persons Organizations for health, assistive devices, certifications and income generation.</li></ul> <p><b>DONATE ONLINE</b></p> 
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**DONATIONS TO ARPANA ARE 50% TAX EXEMPT UNDER SECTION 80G, INCOME TAX ACT 1961**

Cheques in favour of Arpana Trust and Arpana Research & Charities Trust to be sent to:

Information & Resources Department  
Arpana, Madhuban, Karnal- 132037, Haryana

**FOREIGN DONATIONS TO ARPANA ARE 100% TAX EXEMPT WHEN SENT THROUGH:**

Arpana Canada  
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India Development & Relief Fund (IDRF)  
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