



Param Pujya Ma

Arpana

Newsletter

ARPANA TRUST, Madhuban,
Karnal, Haryana, India
August 2025

Arpana Ashram

Joyously Celebrating the Birth of a Divine Soul!

Arpana family and friends, devotees and seekers, – with hearts immersed in deep gratitude and love – and captivated by Param Pujya Ma's life of wisdom, love and grace, gathered at Aashirvad on August 25th, 26th and 27th in devotional and heartwarming togetherness to celebrate Her birth:

- ♦ The spectacular stage presentations of Param Pujya Ma's elucidation of

"Kenopanishad – Who is the Doer?"

by the Odissi Dance Troupe headed by Nitisha Nanda



The Ken Upanishad tells the story of humbled pride when the Devas, led by Indra, realize that all their power and arrogance are of no avail, and that the Lord's Will is Supreme.

- ♦ **Bhajans** by Vinita Gupta and the unveiling of her glorious homage to Ma, '**Aaj Tera hai Janma Divas – Bhakti Suman**'
- ♦ **Aarti and Deepmala ceremonies** at Ram Mandir and Aashirvad
- ♦ A thrilling **Bhajan Sandhya** by the Urvashi Lalit Kala Academy
- ♦ A treasury of **Ma's videos** to show us the path every day



Arpana Hospital

New Departments Proudly Inaugurated on 1st August

- ♦ Cardiology & Cath Lab
- ♦ Green Initiative Project
- ♦ Ambulance Service
- ♦ Eye Bank
- ♦ 6-bedded NICU
- ♦ Bronchoscopy Ward
- ♦ 5-bedded Critical Care Unit
- ♦ Dental Department



The inauguration ceremony was graced by Hon'ble Speaker Mr. Harvinder Kalyan (Gharaunda) and State Information Commissioner Mr. Sanjay Madan, who lauded Arpana Hospital's unwavering dedication to community health and well-being.

Multispecialty Camp at Arpana Hospital for over 800 Patients



Arpana Hospital also held a comprehensive, multi-specialist medical camp offering specialized consultations in Cardiology, Pediatrics, Dermatology, Gynaecology, and Psychiatry on 1st August.

The camp aimed to provide accessible healthcare to the community, ensuring that patients received expert advice and treatment across these essential specialties.

Patients were given a 50% discount on medicine, X-ray, CT scan, and Lab tests

Arpana Performs Haryana's First Femur Replacement Surgery!

40 year old Pankaj belongs to a poor family of village Chor Karsa, Karnal. Unfortunately, his hips were badly damaged in an accident. Four Hip Replacement surgeries were done in Delhi but infections kept him crippled and he could not walk.

When the infection reached his femur, he came to Arpana Hospital. Here, Arpana performed Haryana's first femur replacement surgery. The surgery was successful. Pankaj and his family were very happy with the treatment and the services of the hospital.



Arpana gratefully acknowledges the support for its Hospital and Development Programs in Haryana from Orbis Financial Corp. Ltd., The Baij Nath Bhandari Public Charitable Trust, Ravindra Bahl, and the Chief Minister of Haryana.

Haryana Empowerment Programs



As part of the Cervical Cancer Campaign, Arpana Hospital organized 3 vaccination camps in collaboration with Arpana's Self-Help Groups in July 2025, for girls aged 9–15. Arpana Volunteers raised awareness through home visits. 33 girls were vaccinated after medical check-ups and observation, marking a vital step in promoting preventive healthcare in rural areas.

Delhi

Students Shine – University Admissions & Career Training

• **Delhi University:** after clearing the Common University Entrance Test (CUET), 11 Arpana students secured admission in:

- **Gargi College** (5 students)
- **Lady Shri Ram College** (2 students)
- **Maitreyi College** (1 student)
- **PGDAV College** (3 students)



- **Techstack Academy:** 10 students will pursue courses in IT sector.
- **Video Editing** (4 students)
- **Digital Marketing** (2 students)
- **Web Designing** (3 students)
- **Data Analysis** (1 student)
- **Max Health Care:** 2 students will pursue Diploma in Dialysis.

• **Retail Management Training from UNNATI:** Three girls joined UNNATI for 30 days of Retail Management training, followed by placement in the retail sector.

Independence Day Celebrations at Arpana Centers, New Delhi

Students, in a spirit of patriotism and joy, performed vibrant dances from many states and sang patriotic songs!

Molarbund Education Center: the Chief Guests were Mrs. Sushma Seth & Dr. Harsh Bhardwaj.

Gyan Arambh Center: A delicious lunch was served after the patriotic program.



Arpana extends gratitude for education support from Caring Hand for Children (USA), Essel Social Welfare Foundation (New Delhi), AVIVA Plc (UK)

Himachal Pradesh

Arpana's Free Medical Camps in Remote Himachal Villages

Continuing Arpana's mission to deliver healthcare services to remote, isolated villages, Arpana organized medical camps in June, July and August, treating 451 patients with the support of the Baij Nath Bhandari Public Charitable Trust in:

- **Deol Village:** 68 patients on June 8
- **Village Kugti:** 153 patients on July 7
- **Rakhed Village, Chamba:** for 160 patients on August 10
- **Mobile Camps for 70 Nomads** were organized on 11th August, 2025, at Kalaban Dudher, Dainkund Gujar Dera and Pohlani Mata Mandir.



*Camp in Rakhed Village,
Chamba District*

The Camps Provided:

- Blood Tests
- Injections for pain, allergies, etc.
- Checkups for Senior Citizens

The camps were made successful by the dedicated efforts of Dr. Shyam Kumar Magotra (MBBS, Clinical Tropical Medicine Consultant), and the team from Arpana Health & Diagnostic Center, Upper Bakrota (Dalhousie).

Arpana is deeply grateful for the support from Mr. Ravinder Bahl (New Delhi), and the Baij Nath Bhandari Public Charitable Trust (New Delhi) for Himachal Programs

LET'S EMPOWER VULNERABLE WOMEN AND CHILDREN AS THEY REACH FOR THEIR DREAMS!

ARPANA TRUST
EDUCATION FOR DISADVANTAGED CHILDREN

- Tuition support for classes 1-12 pre-school Classes for toddlers, cultural activities.
- Vocational training classes.

HUMANE VALUES FOR AN EQUITABLE SOCIETY

- Dramas, Publication, Satsangs
- Charitable grants for the vulnerable
- Health/Socio economic assistance

DONATE ONLINE

ARPANA RESEARCH & CHARITIES TRUST
PROVIDES MODERN HEALTH CARE THROUGH

- Arpana Hospital for free /affordable health care.
- Arpana Medical centre, Himachal

EMPOWERING WOMEN

- Self Help Group & SHG Federations.
- Micro - Credit, Income generation, community development

EMPOWERING THE DIFFERENTLY ABLED

- Differently Abled Persons Organizations for health, assistive devices, certifications and income generation.

DONATE ONLINE

DONATIONS TO ARPANA ARE 50% TAX EXEMPT UNDER SECTION 80G, INCOME TAX ACT 1961

Cheques in favour of Arpana Trust and Arpana Research & Charities Trust to be sent to:
Information & Resources Department
Arpana, Madhuban, Karnal- 132037, Haryana

Donations through Direct Bank Remittance:
Bank of India, Karnal (IFSC Code: BKID0006760)
Arpana Research & Charities Trust; Bank Account No. 675010100100014,
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