



Param Pujya Ma

Arpana

Newsletter

ARPANA TRUST, Madhuban,
Karnal, Haryana, India
June 2025

Arpana Ashram

Samadhi Divas – Embracing Her Eternal Essence: Urvashi

On 16th April, we celebrated Samadhi Divas – the sacred day marking Param Pujya Ma’s state of Eternal Samadhi. After Her transition into Eternal Samadhi we are still blessed with the divine gift of Her very Essence – Urvashi... the knowledge that can lead us to enlightenment and eternal joy.



On this special day, our hearts imbibed in abundance Her Essence in our daily lives, to truly Inherit SatChitAnand – Truth Consciousness Bliss.

A devotional presentation of *bhajans* by Urvashi Lalit Kala Academy, filled the atmosphere with love and harmony. This spiritual elixir infused the hearts of all with the love and light of ‘Urvashi’. All hearts were joined in a spirit of silent homage and gratitude.

Pujya Chhote Ma and Papaji – Spiritual Giants of Ma’s Urvashi



On 10th May 2025, we remembered Pujya Chhote Ma, Beloved Ma’s constant companion for over 58 years, with immense gratitude. Her faith and consistent dedication to Ma bestowed the *prasaad* of Urvashi... granted to us through her indefatigable and persevering endeavour to record Ma’s spoken Word in writing... a priceless gift.

On 22nd May 2008, Papaji left his physical body to meet with his Divine Mother and Guru, Beloved Ma. His Spirituality ignited in many of us a deep love and inspiration derived from Beloved Ma’s Eternal message – LOVE ALL.



Arpana Hospital and Haryana Rural Development

Cervical Cancer Awareness and Screening Camps



Arpana Hospital organized four village screening camps in May.

4 days of home visits were conducted by 1 rural staff, 14 mobilizers and 5 Self-Help Group trainers to raise awareness about this important service.

About 300 women were tested and those affected were referred to Arpana Hospital for treatment.

Milan Samaroh at Arpana

Arpana Hospital held a get-together attended by 200 Sarpanches/Panches, doctors and social workers from many Karnal villages on 26th April to encourage joint efforts for better community health.

Arpana's healthcare facilities were explained and awareness created on key health issues, e.g. cervical cancer, diabetes, and high blood pressure.

Swami Premamurthy, Director, Manav Sewa Sangh, was honoured by Mr. Ravi Dayal at the Milan Samaroh for his exceptional service to humanity.



Advanced Life Support donated by Haryana Government

The Haryana Government generously donated an Advanced Life Support (ALS) Ambulance, with state-of-the-art life-saving equipment.



Exposure Visit to Gujarat



Arpana's Rural Development Program organized an exposure trip to Gujarat for 23 Self Help Group trainers of other SHG women! From April 3-10 they visited many places and saw how life is improving in Gujarat. They came back with new ideas to bring progress to Haryana villages.

Arpana 3-day Workshop for Seasonal Disease Prevention

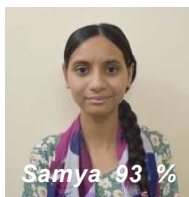
Held on April 21–23, 12 trainers and 5 Arpana staff members learned:

- Disease prevention through plays, quizzes and action plans.
- Discussed new government health policies with senior Medical Officers.
- Understood village drinking water systems with the Water Supply Dept.

Arpana is deeply grateful for support for Arpana's Hospital & development programs in Haryana from Orbis Financial Corp. Ltd. (Gurugram), the Baij Nath Bhandari Public Charitable Trust (New Delhi), and the Chief Minister of Haryana

Delhi

Arpana's Education Program, Molarbund, New Delhi



Class 10th & 12th CBSE Board Results 2025 – All Passed!

Class 12 Board Exams were taken by 33 Arpana students. 1st was Samya with 93%; Chandani was 2nd (85.6%) and Khushi 3rd (84%). **Class 10 Board Exams** were taken by 70 students. Aditi came 1st with 85.4%; Sazar 2nd with 82% and Sneha 3rd with 73%.

Volunteers Conduct Primary Teachers Workshops

Mrs. Romila Kapoor held a workshop on how to inculcate moral values in children on 21 April, for all the teachers of the primary section.

Mrs. Sadhana Chandra conducted a session on 23rd April, for primary school teachers, on the vision and the key principles of the National Education Policy (NEP).



Special Classes for Common University Entrance Test (CUET)

14 Arpana students aspire to crack CUET examination and pursue graduation from Delhi University. To support their dream, Arpana teachers, Mrs. Shakuntala Yadav and Mr. Rahul, are taking extra classes from 12 to 1:30 pm daily.

Gyan Arambh in Vasant Vihar

Activities in Summer Camp May 12-23 included Science Experiments, Maths skills, Fireless cooking, Games, Music and Arts & Crafts.

These fun summer activities encouraged creativity, critical thinking, and a love for reading.



Class 10th & 12th CBSE Board Results 2025 – Gyan Arambh

All students of Class 10 and 12 passed successfully. Arjun topped Class 10 with 75%, while Dolly secured the highest marks in Class 12 with 83.33%.

Arpana extends gratitude for education support from Caring Hand for Children (USA), Essel Social Welfare Foundation (New Delhi), AVIVA Life Insurance (Gurugram), IDRF (USA)

Himachal Pradesh

Arpana's Free Medical Camps in Remote Himachal Villages

Arpana's Health Centre in Bakrota, Dalhousie, is providing daily outpatient clinics to hill folk. Free village and specialist medical camps are largely supported by the Baij Nath Bhandari Public Charitable Trust.

Dr. Magotra, MBBS, Master in Clinical Tropical Medicine, and Arpana's Senior Medical Officer, held the latest Arpana Camps:

- April 6, in village Balera: 127 patients, 100 blood tests, 82 had high blood sugar.
- May 11, in village Khalander/Guniyala: 140 patients, 116 blood tests, 77 had high blood sugar, 28 ECG tests, and 71 injections for joint/ abdominal pain, osteoarthritis, allergies, etc.





General Meetings of Two Farmers Producers Organizations



Both Raavi Valley & Gajnoi Farmers Producers Organizations, which enable 657 marginalized men and women farmers to increase their income, held Annual Meetings on 10/04/25 and 25/4/2025 respectively. Dividends were distributed; then new business plans, members and suppliers were considered.

Arpana is deeply grateful for support from Mr. Ravinder Bahl (New Delhi), and the Baij Nath Bhandari Public Charitable Trust (New Delhi) for Himachal Programs

LET'S EMPOWER VULNERABLE WOMEN AND CHILDREN AS THEY REACH FOR THEIR DREAMS!

ARPARA TRUST	ARPARA RESEARCH & CHARITIES TRUST
EDUCATION FOR DISADVANTAGED CHILDREN <ul style="list-style-type: none">• Tuition support for classes 1-12 pre-school Classes for toddlers, cultural activities.• Vocational training classes.	PROVIDES MODERN HEALTH CARE THROUGH <ul style="list-style-type: none">• Arpana Hospital for free /affordable health care.• Arpana Medical centre, Himachal
HUMANE VALUES FOR AN EQUITABLE SOCIETY <ul style="list-style-type: none">• Dramas, Publication, Satsangs• Charitable grants for the vulnerable• Health/Socio economic assistance	EMPOWERING WOMEN <ul style="list-style-type: none">• Self Help Group & SHG Federations.• Micro - Credit, income generation, community development
EMPOWERING THE DIFFERENTLY ABLED <ul style="list-style-type: none">• Differently Abled Persons Organizations for health, assistive devices, certifications and income generation.	
	
DONATIONS TO ARPANA ARE 50% TAX EXEMPT UNDER SECTION 80G, INCOME TAX ACT 1961	
Cheques in favour of Arpana Trust and Arpana Research & Charities Trust to be sent to: Information & Resources Department Arpana, Madhuban, Karnal- 132037, Haryana	
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