



Param Pujya Ma

Arpana

Newsletter

ARPANA TRUST, Madhuban,
Karnal, Haryana, India
June 2024

Inaugurating Ma's Samadhi Mandir – 'Aashirvad'

Ma's children – devotees, family, friends, and seekers – came together in a spirit of love and togetherness, on 16th-17th April at Arpana Ashram, to celebrate her continued presence in our lives, in her Aashirvad Samadhi.



Brought in procession amidst chanting the Lord's Name and Vedic Mantras, the Asthi Kalash (ashes) of Param Pujya Ma, were interred in the Samadhi Mandir in a never-to-be-forgotten joyous commemoration.

Ram Darbar Abhishek

Bowing in homage at Lord Ram's Darbar, devotees were infused anew with devotion and gratitude for the example of his life, words and love, revived for us through Param Pujya Ma's *bhakti*.



A Feast of Devotional Bhajans on Guru and Sadhana

Vinita Gupta and the Urvashi Kala Academy created an ocean of heavenly Bhakti on the 16th and 17th respectively, immersing all in the blissful words of Param Pujya Ma's *bhajans*.

Arpana Hospital

Emergency Care increased from 4 to 10 Beds

To accommodate the increasing number of emergency cases, Arpana



Hospital expanded its casualty unit from four beds to ten.

This will reduce wait times and improve the quality of emergency services. With the addition of six new beds, quicker and more efficient medical attention for those in urgent need can now be ensured.

Workshop on Cervical Cancer

Dr. Anuradha Mahajan, MBBS, DNB, Gynaecologist at Arpana Hospital, conducted a workshop on 8th April for 26 SHG women (Trainers and Health Volunteers), on cervical cancer, covering symptoms, prevention, and importance of vaccination for girls aged 9 to 14. Detailed information on vaccination necessity, availability, and cost was given.



Outreach in Haryana



New Hope for Camp Eye Patients

Arpana recently obtained a 25-seater bus which has significantly enhanced services for underprivileged eye patients. This bus removes a major barrier to access to healthcare by providing convenient and free transportation, enabling more patients to receive essential hospital treatments.

Arpana is deeply grateful to M/s Diamond International INEX Pvt Ltd. (Gurugram), The Director General Health Services (Haryana) and M.L. Nanda Charitable Trust (New Delhi) for supporting programs in Arpana Hospital

Haryana Empowerment Programs

Promoting Voting Rights for the Differently-abled

A camp in Badagaon on 6th April promoted the right to vote for the differently abled. It was attended by 125 disabled individuals from 7 villages. The District Election Officer emphasized the importance of voting and detailed the process for special votes. Mr. Naresh, President of Arpana's DPO, committed to supporting this initiative.



Activities of Self-Help Groups in April – May 2024

- Workshop with the audit team, 11 Arpana field staff, and 6 trainers
- 3 Workshops about Zoom meetings for self-help group (SHGs).



- Liaison visit with 5 teams addressing bank issues faced by SHG women.

- 1,015 SHG April Monthly Meetings.
- Workshop to prevent malaria & dengue.
- Two-day Leadership training.
- Internal Assessment of SHGs.
- Executive meetings of the two SHG Federations.
- Monthly meetings of Differently-abled persons.
- Executive Meeting of Differently abled Federation on 29th April.

Deep gratitude to New Delhi donors Mr. Ravindra Bahl, Mr. Neeraj Kishan Kaul and Baij Nath Bhandari Public Charitable Trust for development programs in Haryana

Delhi Programs

Class 10th & 12th CBSE Board Results – 2024 – All Passed!

- 31 Arpana students appeared in the Class 12 Board Exams – Kareena stood 1st with 83 %; Kajal 2nd with 82%; Komal 3rd with 80.2%.
- 43 Arpana students appeared for the Class 10 Board Exams – Aashi came 1st with 82.4%; Anushka 2nd with 82.2%; Kajal 3rd with 82%.

Arpana is deeply grateful to Mr. Suresh Motiram Shivadasani (Oman), Caring Hand for Children (USA), AVIVA (UK), IDRF (USA), Baij Nath Bhandari Public Charitable Trust, and Arpana Guernsey (UK) for supporting Arpana's Education Programs

News from Himachal Pradesh

Greening Himachal – 70,000 Fodder & Fruit Trees Planted!

65,489 fodder trees were planted during the past year in 40 villages, with the participation of 360 members of 67 Self Help Groups. Recently, after the rains started, 4,306 fruit trees were planted!



Photo Business Brings Family Happiness

Anu, a member of Arpana's Self-Help Group in Dalhousie, took a 30,000 micro-credit loan to buy a telescope camera for her son. He now earns 11,000 per month selling photos of Manimahesh Kailash Peak as seen from the Khajjiar Road, to numerous tourists. This is the first such initiative in the area.

Arpana is deeply grateful to Ravindra Bahl, (New Delhi) and Baij Nath Bhandari Public Charitable Trust (New Delhi) for supporting programs in Himachal Pradesh

EMPOWER VULNERABLE WOMEN AND CHILDREN AS THEY REACH FOR THEIR DREAMS!

ARPANA TRUST
EDUCATION FOR DISADVANTAGED CHILDREN

- Tuition support for classes 1-12 pre-school Classes for toddlers, cultural activities.
- Vocational training classes.

HUMANE VALUES FOR AN EQUITABLE SOCIETY

- Dramas, Publication, Satsangs
- Charitable grants for the vulnerable
- Health/Socio economic assistance

DONATE ONLINE

ARPANA RESEARCH & CHARITIES TRUST
PROVIDES MODERN HEALTH CARE THROUGH

- Arpana Hospital for free /affordable health care.
- Arpana Medical centre, Himachal

EMPOWERING WOMEN

- Self Help Group & SHG Federations.
- Micro - Credit, Income generation, community development

EMPOWERING THE DIFFERENTLY ABLED

- Differently Abled Persons Organizations for health, assistive devices, certifications and income generation.

DONATE ONLINE

DONATIONS TO ARPANA ARE 50% TAX EXEMPT UNDER SECTION 80G, INCOME TAX ACT 1961

Cheques in favour of Arpana Trust to be sent to:
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