



Param Pujya Ma

Arpana

Newsletter

ARPANA TRUST, Madhuban,
Karnal, Haryana, India
March 2024

Arpana News

A Time of Rejoicing

Jubilant celebrations marked the weddings of our children, Shuchi to Nilay, and Arnav to Devika, in New Delhi and Madhuban as family from the UK, USA and the far reaches of our own land came together!

The ceremonies included extracts of Vedic Vivah, Param Pujya Ma's elucidation of the meaning of marriage, interspersed with *bhajans* by Urvashi Lalit Kala Academy musicians.



Ma's Legacy Showcased at the World Book Fair

Param Pujya Ma's legacy of spontaneous elucidations of the Scriptures were available to seekers and the general public at the World Book Fair in New Delhi from 10-18th February. These included the Shrimad Bhagavad Gita, the Japuji Sahib, the Upanishads and Vedanta.



On 17th February, mothers of children studying in Arpana's Education Center in Molarbund, who are also members of Arpana's functional literacy program, visited Arpana's stall at the Book Fair.

Dr. Mridula Seth (center) with women in 'padai ka mazza' program visiting Arpana's stall in the World Book Fair with their children

Arpana Hospital

Inauguration of Arpana's New Mother & Child Wing

Arpana's new Mother and Child Wing was inaugurated on February 11, at Arpana Hospital, Madhuban, Karnal, by Shri Harvinder Kalyan, MLA, along with Medical Director Dr. R. I. Singh, Arpana Hospital staff members, consultants, and Arpana Trustees.



Arpana's Gynaecologist, Dr. Anuradha Mahajan, and Paediatrician, Dr. Tejinder Khanna, enthusiastic over the new facility, pledged their compassionate, personalized care.

Village ASHA workers delighted at the playroom of the Mother-Child Wing

Deep gratitude to the Baij Nath Bhandari Charitable Trust, New Delhi, for support for Arpana Hospital and its Eye camps

Rural Haryana

Arpana's World Disability Day Celebrations

The Sangarsh Federation and Arpana organized a World Disability Day Function on 14th January at Arpana's Budhakhera Center. Ms. Ayushi Thakral (Para Athlete) from Gharaunda was the chief guest.

Children painted and women created rangoli designs. Races and kabaddi matches elicited much cheering. A large audience enjoyed the performances by members of Differently-abled Persons Organizations. A lively play depicting the transformation in the lives of PWDs after joining the DPOs, was thoroughly enjoyed by the 800 Differently-abled Persons attending.



Arpana is deeply grateful to Mr. Ravinder Bahl, Mrs. Sushma Lal and the Baij Nath Bhandari Charitable Trust – all of New Delhi – for magnanimous support to these rural development programs.

Molar Bund, New Delhi

The Visually Impaired Creating Joy at Arpana

On January 9th, 2024, the visually impaired students from the National Association for the Blind delivered an exceptional musical performance at Arpana Trust.

Guests like Mr. Hitesh from the ESSEL Foundation and Mr.

Prashant from NAB, along with the rest of the audience, were captivated by the students' mesmerizing performance.



Arpana's Balvatikas Celebrate Republic Day

Republic Day was enthusiastically celebrated at Arpana's Nursery Centers (Balvatikas) on January 24th.



Flag hoisting was done by volunteers including Dr. Lena Gupta, Mrs. Meenakshi Nijhawan, Mrs. Sadhna Chandra, Mrs. Romilla Kapoor, and Mrs. Bani Rajgarhia.

Mr. Gaurav Banka from AVIVA Life Insurance attended with colleagues and other guests.

The children presented charming cultural programs featuring action songs, patriotic songs, folk dances, and role-plays depicting national heroes.

The guests praised teachers and students for the successful events, noting their quality was comparable to reputed public schools.

Arpana is deeply appreciative of the support received by Aviva Life Insurance India, Suresh Shivdasani (Oman) and Caring Hand for Children (USA) as well as New Delhi donors: The Baij Nath Bhandari Public Charitable Trust, Essel Social Welfare Foundation, FFV Services Pvt.Ltd., Imperial Auto Industries, J.R. Sood Pvt. Ltd., IPE Global, Rajved Foundation, and the Seth Parmanand Charitable Foundation.

Himachal Pradesh

Jatkari Farmers Receive 500 Apple Trees

On January 29, Arpana gifted women and men farmers of the remote Jatkari area, 500 apple trees from the Krishi Vigyan Kendra (KVK) Cypress Nursery. The farmers were told how to plant the trees as well as new methods of land use, such as planting vegetables in between the rows of trees.



Handicraft Workshop in Himachal Pradesh



On December 28, 2023, the State Handloom and Handicraft Corporation, Chamba Branch, organized a day-long exhibition and workshop at Arpana's Gajnoi Center. The 60 self-help group women were encouraged to join as artisans to access benefits like loans and training programs.

Arpana is grateful for magnanimous New Delhi donors, Mrs. Sushma Lall and the Baij Nath Bhandari Charitable Trust, for supporting these programs.

EMPOWER VULNERABLE WOMEN AND CHILDREN AS THEY REACH FOR THEIR DREAMS!

ARPANA TRUST
EDUCATION FOR DISADVANTAGED CHILDREN

- Tuition support for classes 1-12 pre-school Classes for toddlers, cultural activities.
- Vocational training classes.

HUMANE VALUES FOR AN EQUITABLE SOCIETY

- Dramas, Publication, Satsangs
- Charitable grants for the vulnerable
- Health/Socio economic assistance

DONATE ONLINE

ARPANA RESEARCH & CHARITIES TRUST
PROVIDES MODERN HEALTH CARE THROUGH

- Arpana Hospital for free /affordable health care.
- Arpana Medical centre, Himachal

EMPOWERING WOMEN

- Self Help Group & SHG Federations.
- Micro - Credit, Income generation, community development

EMPOWERING THE DIFFERENTLY ABLED

- Differently Abled Persons Organizations for health, assistive devices, certifications and income generation.

DONATE ONLINE

DONATIONS TO ARPANA ARE 50% TAX EXEMPT UNDER SECTION 80G, INCOME TAX ACT 1961

Cheques in favour of Arpana Trust to be sent to:
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