



Param Pujya Ma

Arpana

Newsletter

ARPANA TRUST, Madhuban,
Karnal, Haryana, India
December 2022

Arpana Ashram

Urvashi Day – Celebrating Ma’s Flow of Divine Knowledge

Arpana family and friends, staff and visitors paid homage to Param Pujya Ma at ‘ASHIRVAAD’, her Samadhi, on 2nd October, ‘Urvashi Day’, which commemorates the day in 1958 when this celestial River of Knowledge first flowed from the lips of Param Pujya Ma.



Arpana’s Social Workers Home Celebrates Founder’s Birthday on 20th Nov.



In 1949 Ms. Nirmal Anand left her prestigious charitable committee work with Lady Mountbatten and founded the Social Workers Home in Karnal, a beacon of hope for many distressed women, providing livelihoods through hand

embroidery. Social Workers Home merged with Arpana in 2001.

Transforming Lives through Param Pujya Ma’s Srimad Bhagavad Gita!

Inspired by Param Pujya Ma’s Bhagavad Gita, Mr. Jitender Ahlawat, the young and dynamic Managing Director of the Genesis Group of Educational Institutions, is distributing Arpana’s Gita to government officials and school principals in the area. The transformation he and his family experienced by reading it together, motivated him to share this with others.



Mr. Rahul Mohan, Deputy Advocate General, Haryana, receives Arpana’s Gita from Mr. Ahlawat

Arpana Hospital

Arpana Hospital Inaugurates a High-end CT Scanner

Patients in and near Madhuban will be able to access CT Scanner services at very affordable prices since the inauguration of a new high-end CT (Computed Tomography) Scanner at Arpana Hospital on 5th November 2022.



The machine was inaugurated by the chief guest, Mr. Sanjay Bathla, OSD from the Chief Minister's Office along with Mr. Frank Armstrong, Clinical Training Manager of the Northern Ireland Ambulance Services.

Workshops for Emergency Procedures

Frank Armstrong, Clinical Training Manager of the Northern Ireland Ambulance Services, conducted a series of Emergency Care Workshops in the first part of November, at Arpana Hospital. These procedures are essential for emergency physicians and nurses, critical care specialists, paramedics and first responders.

These training sessions included ways of managing trauma – from minor injuries to major emergencies – by providing a standardized systemic approach towards evaluation and management of the trauma victim.

The workshop provided hands-on training for the delegates on advanced simulation mannequins.



Celebrating 25 Years of Women's Empowerment Programs!

Arpana Is Leading the Way In Rural Women Transformation Through Inclusive Development

13,000 rural women are celebrating 25 years of Arpana's empowerment programs which have seen them grow from ignorance, poverty and hopelessness to women of substance who have raised and educated their children while taking responsibility for the health and wellbeing of their neighbours.



In the month of November, womenfolk of 106 villages enthusiastically took part in an initiative for greening their villages by planting 15,000 trees. These SHG women are a shining example of how women have moved forward in their own unique sisterhood, lifting each other up, nourishing each other with love and support.

This is being achieved by the nearly 1,000 Self Help Groups, facilitated by Arpana. Their learnings from the trainings led to income generation and awareness, raising them to financial security and ability to fight for their rights.

Arpana's Annual Diwali Handicrafts Sale

Held in the New Friends Colony home of Drs. Raj, Rahul and Lena Gupta, this year's Handicrafts Sale drew friends, patients and lovers of crafts to shop for unique hand embroidered items from Oct. 7-10.



All Proceeds to Charity

This Diwali Sale supports Arpana's ongoing projects to provide opportunity and dignity of life for our underserved sisters and brothers.

Molarbund Students Strive Ever Higher



Riya – 85%

CBSE Board Results for Arpana Class 12 Students

34 Arpana students appeared for the 12th Board Examination: **each one passed successfully**. Riya stood first with 85%, Simran with 82.8% was second and the third position was earned by Laxmi with 81.2%. 28 of the 34 students scored above 60%!

Arpana Students Admitted to Professional Courses

6 Arpana students are taking professional courses from Max Health Care in Medical Laboratory Technology, Medical Imaging Technology and Dialysis Technology. Another two students are taking Front Office and billing courses. 3 students are taking a course in cloud computing from Jetking. Arpana is supporting all these students with 50% scholarship.



We urgently need your assistance to continue these programs in Haryana, Himachal Pradesh, and New Delhi

Contact Persons: Mr. Harishwar Dayal, Executive Director, Mobile: 91-9818600644
Mrs. Aruna Dayal, Director Development, Mobile: 91-9991687310

Donations to Arpana provide 50% tax relief under section 80G of the Income Tax Act 1961

Send Donations to: Arpana Information & Resources, Madhuban, Karnal, Haryana 132037

emails: at@arpana.org and arct@arpana.org

Websites: www.arpana.org www.arpanaservices.org

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ARPANA TRUST

EDUCATION FOR DISADVANTAGED CHILDREN

- Tuition support for classes 1-12, pre-school classes for toddlers, cultural activities
- Vocational Training classes

HUMANE VALUES

FOR AN EQUITABLE SOCIETY

- Dramas, Publications, Satsangs
- Charitable grants for the vulnerable
- Health/socio economic assistance.

DONATE
ONLINE



ARPANA RESEARCH AND CHARITIES TRUST

PROVIDES MODERN HEALTH CARE THROUGH:

- Arpana Hospital for free/affordable health care.
- Arpana Medical Center, Himachal.

EMPOWERING WOMEN

- Self Help Groups & SHG Federations.
- Micro-Credit, Income generation, Community development

EMPOWERING THE DIFFERENTLY ABLED

- Differently Abled Persons organizations for health, assistive devices, certifications and income generation.

DONATE
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**Please send donations to: Arpana (Information & Resources Office),
Madhuban, Karnal, 132037**