



Param Puja Ma

Arpana

Newsletter

ARPANA TRUST, Madhuban,
Karnal, Haryana, India
March 2022

Arpana Ashram

Celebrating Christmas

A family Christmas, celebrated in the Arpana Mandir, brought warmth, love and cheer to all. Beloved Ma's answers about the love of Jesus enlightened our queries.



A video about Amos, the Blind Boy, brought back sweet memories from faraway years, along with the everlasting message of Love's Miracles. All joined in enthusiastically to sing the age old Christmas carols that are loved around the world. And our very own Santa brought wonder and happiness to the little ones!



Zoom Meetings

Ma's ordinary, yet extraordinary, answers to questions from family, friends and seekers are available on video, 7am and 7pm on Arpana's Zoom meetings. Not only is knowledge revealed, but one has the opportunity of opening oneself to our glorious birthright of Sat-chit-anand and to find joy in the awareness of the Truth.

Arpana Hospital

Oxygen Plant Installed in Arpana Hospital

An Oxygen Plant, donated by Sewa International Organization, was inaugurated at Arpana Hospital, Madhuban, Karnal, by Cricketer Sumit Narwal on 18th Jan. 2022.

The Oxygen Plant, with a capacity of 150 litres per minute, is dedicated to the common people in their fight against Corona. Mr. Narwal said that no person battling Corona should lose his life due to lack of oxygen.

Now Arpana Hospital can pipe oxygen to the ICU, Covid Ward, etc.



Haryana

Arpana's 'Covid Vaccine Shield' in 100 Villages!



Arpana enabled the Government vaccination effort to achieve 94% vaccine coverage for the 1st dose and 77% for the 2nd dose in 100 targeted Haryana villages!

Arpana trained 80 self-help group women volunteers to conduct home visits, counsel

apprehensive villagers about the vaccine and accompany village folk to the government vaccine camps.

152,044 doses of the Covid vaccine were given from Aug. to Dec. 2021.

Our deep gratitude for IDRF and Friends of Kalpana & Jaydav Desai (USA), the Guernsey Overseas Aid Commission, Dame Mary & Arpana Guernsey!

Self Help Group Women Learn of New App for the Vulnerable

Ms. Tavleen, Chief Minister's Good Governance Associate, addressed 50 women leaders of Arpana's self-help groups to introduce a new app to be launched by the Social Welfare Department, Haryana, for women and the elderly who are dependent on others for various day to day activities.

The app consists of 2 sections:

- 1) Services – like filing applications, paying bills, etc. and
- 2) Grievances – a portal through which one can report abuse, violence or injustice. Anonymity is ensured for the one reporting.



Arpana's Education Programs in Delhi

Arpana Education Centre in Molar Bund

A Workshop on Creative Writing, conducted by Ms. Madhulika Agarwal, was held at Arpana on 2nd December for all Arpana primary teachers.

Ms. Madhulika has been awarded with the Hindi Academy's 'Bal Evam Kishore Sahitya Samman' in 2007 and the Children's Book Trust Award in 2020. Her stories have been published in collections by NCERT, Macmillan and AWIC. She has also written 5 other books and has 2 decades of experience in publishing.



Ms. Madhulika explained various techniques to enhance the imagination of children and also showed how creative writing plays a key role in expressing ourselves. She has involved Jasmine of Arpana Trust, class 4B, in her workshop and included Jasmine's first story in a book she is publishing.

Jasmine, author!

Arpana's deepest gratitude for support from Essel Foundation, New Delhi, Aviva plc, UK, Caring Hand for Children, USA & Arpana Canada

Gyan Arambh at Vasant Vihar

Our vision and mission is to narrow the learning gaps between disadvantaged and advantaged children. The prolonged closure of schools due to Covid-19 pandemic has hampered the mental and physical health of children besides hindering learning.

Arpana devised a '**Bridge Curriculum**' to better connect with students:



- **Teachers prepare solutions** for difficulties students are having with their school worksheets.

- **Educational videos and audio tapes** for students on varied topics of national and international importance.

- **Information on scholarship opportunities** to students of class IX.

- **Giving appreciation to the best students of the month** for online work.
- **Talk To Me (TTM)** is a voluntary initiative aimed at improving the conversational English skills and confidence of young people.

Himachal Pradesh

Irrigation for Greater Financial Security

Eight irrigation systems consisting of a water tank and piping to the fields are a source of greater financial security for 121 families in 8 isolated hamlets of Jatkari Panchayat in Chamba District, Himachal.

Earlier, only half an acre of land was planted with vegetables for domestic purposes – no income was earned. With irrigation secured, vegetables were planted on 16.5 acres of land, earning the villagers Rs. 1,653,655!

In addition, over 67,700 trees were planted on village common land.



Planting Apple and walnut saplings



Dola Ram

Dola Ram belongs to a farmers' self-help group in Dadar village of the poverty-stricken Jatkari area. With a loan of Rs.20,000 from his group, he set up a small flour mill which runs on water power.

Villagers get their corn and wheat ground here and Dola Ram earns approx. Rs.5000 a month.

Arpana is deeply grateful to Tides Foundation, USA, BN Bhandari Public Charitable Trust (New Delhi), Arpana Guernsey and the Guernsey Overseas Aid Commission for support in Himachal

Your compassionate support sustains Arpana's Services

Arpana Trust and Arpana Research & Charities Trust are both approved under Section 80G of the Income Tax Act, 1961, giving 50% tax relief for donors in India.

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Send contributions in USA to:

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Mr. Jagjit Singh, AID for Indian Development, 84 Stuart Court, Los Altos, CA 94022-2249

Send contributions to Arpana Canada:

c/o Mrs. Sue Bhanot, 7 Scarlett Drive, Brampton, Ontario L6Y 3S9, Canada

Please let us know by email or telephone, whenever you transfer funds to Arpana.

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