



The Arpana Temple

Arpana

Newsletter

ARPANA TRUST, Madhuban,
Karnal, Haryana, India
August 2021

Arpana Ashram

Arpana Day – Celebrating Param Puja Ma

Param Puja Ma's Life transformed the lives of those who came to her. She lifted us from the swamp of delusion, granting a glimpse of the possibility of a life untouched by aberrations – pure and joyful within – *sat chit anand*.

As always, we celebrate the day of her birth, 26th August, as 'Arpana Divas'. Participating in precious Video Satsangs recorded through the past many decades, brings Ma ever closer in our hearts, opening new vistas of love and understanding to bond all hearts as one.



The Programme includes:

1. Questions asked of Param Puja Ma by devotees and her in-depth answers.
2. Readings from the Gita (2nd reading), Chapter 13, shlokas 7 to 11, will be enriched by a conversation between Niriti Anand and Vishnu Mehta to illuminate the Word of the Gita through the life of a Realized One.
3. *Bhajans* from Ma's heartfelt prayers sung by the Urvashi Academy singers
4. Param Puja Ma's meditation on *vairagya* and *sanyas*.



5. 'Rishi Raikab', Param Puja Ma's story revealing the elevated state of the sage Raikab. In this dramatic presentation of Raikab Rishi, Ma shows the frail and futile nature of worldly fame, power and riches, when compared with the supremacy of eternal values.

Haryana

Deen Dayal Upadhyay Center Holds Assistive Devices Camp



Arpana established a significant liaison with the Deen Dayal Upadhyay Institute, Nilokheri for the rehabilitation of Persons with Disabilities (PwDs).

Arpana identified 13 persons with hearing and motor disabilities from 8 villages, who received hearing machines, wheelchairs, smart sticks, crutches and tricycles at a camp arranged by Deen Dayal Institute in Nilokheri on July 5, 2021.

Soma, a 62 year old resident of village Sadarpur, is a member of the Himmat Differently Abled Persons Organization. 10 years ago, due to shock of his young son's death, he lost his eyesight. His wife works as a daily wager to feed both of them. A Smart stick was given by Arpana to Soma so that he can easily move about.



Deep gratitude to Baij Nath Bhandari Public Charitable Trust and Mrs. Sushma Agarwal, both of New Delhi, for support for the Differently Abled

Arpana Hospital



Parkashi, 65 years old, lives in village Shakheda with her husband, who is not able to work. Their pension is their only source of income. One year ago, she had an unsuccessful surgery in a local medical camp for removing a cataract in her left eye. When vision in her eye remained blurry, her relatives brought her to Arpana Hospital and the doctor recommended a repeat surgery. Due to her financial condition, she was given a free cataract operation and also provided free medicines. She was very happy and grateful for the restoration of her sight and for making it possible by providing free services.

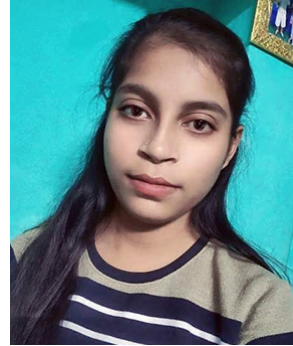
Deep gratitude for support from the Tides Foundation (USA) and Friends of Kalpana & Jaydev Desai (USA)

Delhi Programmes

Molar Bund

Class 12th CBSE Board Results 2021

Due to the Covid pandemic, CBSE Board exams. were not conducted this year. The result of class 12 (based on scores in school exams and pre-board marks) was declared on 30th July 2021. 20 out of 24 students passed with over 70% marks. In Humanities, Shivani stood first with 93%. Tonika was second with 88.2% and Simran was third with 87.4%. Most of these students want to join Delhi University to pursue Computer courses, Hotel management, Polytechnic, Marketing, etc.



Shivani stood first!

Will you join us in enabling children in slum resettlement colonies to develop their potential and find successful avenues to live with happiness and dignity?

As it is of utmost importance for them to continue their education, we request your aid for:

Scholarships for Delhi University (Total Expenses for 3 years)	Rs.45,000
Scholarships for technical courses (Total Expenses for 3 years)	Rs.90,000
Scholarships for Computer course (Total Expenses for 1 year)	Rs.30,000
Scholarships for Marketing course (Total Expenses for 1 year)	Rs.60,000

Deep gratitude for education support to Aviva plc, UK, Essel Foundation, New Delhi, Technip India, Caring Hand for Children, USA, and Arpana Canada

Vasant Vihar

Celebrating Independence Day

Held at 'Rejoice', Arpana's Community Centre in Vasant Vihar, New Delhi, **Gyan Arambh** is Arpana's education program to provide important support to under-privileged children from classes 1-9 so they can compete with their peers. Although classes are being held online, 26 students came together to celebrate Independence Day on 12th August.

- Games and prizes were arranged for the students.
- The children delighted in seeing a short animated film about Independence Day.
- Sweets and snacks were thoroughly enjoyed by all.



Himachal Pradesh

Activities of Self Help Groups

756 SHG women undertook 126 sanitation programs in 81 villages in July!

To the delight of Bakhatpur SHG women, who petitioned the Panchayat for drinking water as well as a water trough for their animals, this was completed in April!

After Arpana's SHG women petitioned the Forest Dept., 20,450 trees were planted from April 2021 to July 2021.

The women pledged to protect the trees for their first 5 years of growth.



Transforms Pushpa's Life



Pushpa, a member of Sontali Self Help Group, took a micro-credit loan of Rs.30,000 from her group in July 2021 to purchase a second jersey cow. She now earns upto Rs.15,000 per month from the sale of milk. Now, she is financially stronger and her son is doing a B.Tech course.

Arpana is deeply grateful to Tides Foundation, USA, Baij Nath Bhandari Public Charitable Trust (New Delhi) and Mrs. Sushma Agarwal (New Delhi) for supporting programs in Himachal Pradesh

Your compassionate support sustains Arpana's Services

Arpana Trust and Arpana Research & Charities Trust are both approved under Section 80G of the Income Tax Act, 1961, giving 50% tax relief for donors in India.

FCRA Registration No. for Arpana Trust is 172310001

FCRA Registration No. for Arpana Research & Charities Trust is 172310002

Send your contribution for dissemination of humane values & medical and community welfare services in Delhi to:

Arpana Trust, Madhuban, Karnal, Haryana 132037

Send your contributions for health & development services in Haryana & Himachal to:

Arpana Research & Charities Trust, Madhuban, Karnal, Haryana 132037

Send contributions in USA to:

Mr. Vinod Prakash, President, IDRF, 5821 Mossrock Drive, North Bethesda, MD 20852

Mr. Jagjit Singh, AID for Indian Development, 84 Stuart Court, Los Altos, CA 94022-2249

Send contributions to Arpana Canada:

c/o Mrs. Sue Bhanot, 7 Scarlett Drive, Brampton, Ontario L6Y 3S9, Canada

Please let us know by email or telephone, whenever you transfer funds to Arpana.

Information & Resources Office: 91-184-2390905 Executive Director: 91-9818600644

emails: at@arpana.org and arct@arpana.org

Contact person: Mrs. Aruna Dayal, Director Development. Mobile 91-9991687310

Websites: www.arpana.org www.arpanaservices.org