



Param Puja Ma

Arpana

Newsletter

ARPANA TRUST, Madhuban,
Karnal, Haryana, India

June 2021

The Heart of Arpana

Sadhana Diwas and Mahasamadhi

Sadhana Day, on 9th March and Mahasamadhi Divas 16th April, were both celebrated within the hearts of Arpana family and friends in prayerful acknowledgement of the Life and Word of Param Puja Ma, which have ignited new meaning to our lives. Family and friends of Arpana gathered throughout the day on the Zoom platform, sharing prayers, *bhajans*, and enlightening videos of Ma's *satsangs*. This spiritual elixir infused the hearts of all with the love and light of 'Urvashi'. Thus, these days of great import at Arpana, were spent in silent homage and gratitude.



Arpana's stage productions 'Kenopanishad' and 'Raja Ram' were also shared through Zoom and welcomed greatly, as they reinforced the Spiritual message that ever radiated from Param Puja Ma.

Remembering Puja Chhote Ma and Puja Papaji on the anniversary of their passing



A deep debt of gratitude was offered to both Chhote Ma and Papaji, Dr. JK Mehta, whose role in our lives was immense, adding warmth and a wealth of spiritual learning and meaning.



Arpana Hospital Steps Up!

Second Wave of COVID-19

The second wave beginning in March 2021 was much larger than the first, with shortages of vaccines, hospital beds, oxygen cylinders and other medicines throughout the country also being felt at Arpana Hospital.



Arpana Hospital started operating its Covid Ward on an emergency basis on 25th April, 2021. About 90 patients have been treated in our Covid ward up till end May. Caring and compassionate donors stepped up to provide hospital beds, ventilators, oxygen concentrators, cardiac monitors and bipap machines as well as consumables like PPE kits, masks, etc.

We owe the deepest gratitude and respect to our Hospital staff of doctors, nurses, nursing aides, ward boys, etc. who are working day and night – putting their own lives at risk – to save the lives of our Covid patients.

Generous Donors give for Covid Relief



Several organisations and individuals from India and abroad have given funds and equipment for COVID Relief

Covid Outreach: Testing & Awareness Camps in Haryana Villages

Arpana is holding outreach COVID camps in villages to test for the virus with the help of local sarpanches, Asha and Anganwadi workers, ANMs and Arpana SHG women members.

From May 18-30, 11 villages have been visited, 1262 patients examined by doctors and 624 tests done.



Haryana Initiatives

Welcoming new SHG members with Workshop and Holi Celebrations



Presenting effective procedural kits to new SHG members

On 23rd March, 130 members of 7 established self-help groups (SHGs) invited 100 members of 9 new self-help groups for a workshop about SHGs as well as to celebrate the joyful festival of Holi.

They informed the new SHG members about the importance and effectiveness of SHG procedures and shared experiences of how their lives have been transformed. SHG women presented dances and songs and a play based on a real life story of

transformation. Holi was celebrated with coloured powders and flowers.

Our deep gratitude to the Tides Foundation and the India Development & Relief Fund (IDRF), USA, for grants for rural development programs in Haryana

Himachal

Tailoring and Knitting Classes were organized by Arpana in villages Dalpa and Chabdi in April 2021, attended by 39 women.

Irrigation Tanks: Two irrigation tanks were constructed in village Nagali and Dalpa during April 2021 with the heartwarming participation of local villagers and generous support given by Arpana Guernsey.



Threshing out Their Problems

Sudha, from village Kakela, has been a member of a self-help group facilitated by Arpana for some years. Due to the Pandemic and Lockdown, Sudha's husband lost his job in a hotel in Khajjiar. The wheat harvest was ready so both husband and wife decided to take a loan of Rs.50,000 from her group for a thresher. This wise decision enabled them to rent out their thresher for harvesting to farmers from three villages and enabled them to earn Rs.18,000 during the difficult months of the lockdown.

Our deep gratitude to the Tides Foundation (USA) and Arpana Guernsey, for grants for rural development programs in Himachal Pradesh

Molar Bund

At the start of the new academic year in April 2021, Arpana distributed dry rations and stationery to all Balvatika (Pre-Nursery) students

Joining Arpana's Balvatika

"My daughter, Pihu, joined Arpana's Balvatika just before the Lockdown, so I thought the beginning of her education will not be smooth. But the efforts made by the teachers of Arpana Balvatika, especially the class teacher, revived my hopes. I want to convey my sincere thanks to all the teachers of Arpana Balvatika who provided online classes with lessons and homework and quickly responded back after the submission of the work done by my daughter."



*Mr. Pradeep Bishwas
with daughter Pihu*



Prize Distribution

As an incentive and motivation, Arpana distributed prizes for the students who secured the highest ranks in their respective classes.

A few prize recipients

Arpana is deeply grateful to Aviva (UK), Essel Foundation (New Delhi), Technip India, and Arpana Canada for education support

Your compassionate support sustains Arpana's Services

Arpana Trust and Arpana Research & Charities Trust are both approved under Section 80G of the Income Tax Act, 1961, giving 50% tax relief for donors in India.

FCRA Registration No. for Arpana Trust is 172310001

FCRA Registration No. for Arpana Research & Charities Trust is 172310002

Send your contribution for dissemination of humane values & medical and community welfare services in Delhi to:

Arpana Trust, Madhuban, Karnal, Haryana 132037

Send your contributions for health & development services in Haryana & Himachal to:

Arpana Research & Charities Trust, Madhuban, Karnal, Haryana 132037

Send contributions in USA to:

Mr. Vinod Prakash, President, IDRF, 5821 Mossrock Drive, North Bethesda, MD 20852

Mr. Jagjit Singh, AID for Indian Development, 84 Stuart Court, Los Altos, CA 94022-2249

Send contributions to Arpana Canada:

c/o Mrs. Sue Bhanot, 7 Scarlett Drive, Brampton, Ontario L6Y 3S9, Canada

Please let us know by email or telephone, whenever you transfer funds to Arpana.

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