



Param Pujya Ma

Arpana

Newsletter

ARPANATRUST, Madhuban

Karnal, Haryana, India

December, 2020

Arpana Ashram Events

Urvashi Day

62 years ago on 2nd October 1958, a spontaneous flow of knowledge, elucidating the meaning of the Scriptures, first flowed from the lips of Param Pujya Ma. Over 50 years, this flow turned into a virtual river of knowledge... much of it in spontaneous song, which enlightens each recipient and enables their journey towards Sat Chit Anand – Truth-Consciousness-Bliss.

*‘Urvashi’ ... a name given by Ma herself to the
Divine Body of Knowledge that flowed forth from her ...
is a veritable ‘lighthouse’ for every spiritual aspirant
irrespective of caste, creed or religion –
and has the capacity to carry each earnest aspirant
on its strong shoulders, to their final destination.*

Urvashi, undeniably a divine resource for all, comprises Ma’s enlightening elucidations of the Srimad Bhagavad Gita, the Principal Upanishads, and a vast ocean of questions and answers in satsangs, along with the intense prayers of Param Pujya Ma which are illuminating in themselves.



The family also gathered together this year (albeit in small numbers due to COVID-19) to offer their thanksgiving to Chote Ma, who, through her dedicated hard work, wrote down the knowledge that flowed from Ma for all mankind.

Delhi Programmes

Receiving the Support They Need Online!

The Coronavirus pandemic has closed most educational institutions. At present the Arpana Trust Centre in Molarbund is conducting online classes on Zoom and Google Meet for students in classes 1-12.

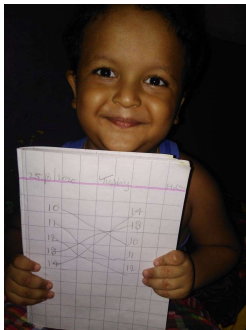
The majority of the students are benefitting from this initiative through the smart phones of their parents or, if they live in a joint family set up, of one of their other relatives.

However, 19 students did not have access to a smartphone and were falling behind in studies. This was of great concern, especially for 6 students in classes 10 & 12.

Kalpana and Jaydev Desai from the USA have magnanimously gifted 19 cell phones so that these students can continue their education online! Thank you so much!



Balvatika Online Classes also!



Academic Inputs

Balvatika teachers are sending live teaching sessions, videos, worksheets and pictures on 'WhatsApp' groups to their little students who are delighted to complete assignments and get personal feedback from their teacher who corrects their work on WhatsApp.

The parents see the positive impact of these classes on their children and have become convinced of their value.



Painting

WhatsApp Tuition Support for 100 Students in Vasant Vihar!

Arpana's Vasant Vihar Tuition Center in New Delhi has been conducting online WhatsApp classes for all its students from classes 1 to 9. Students are called and given some assignments as hardcopies.

New admissions for class 1 students also took place on WhatsApp.

Receiving prizes and assignments when called to the Centre



Deep gratitude for education support from Aviva plc, UK (Balvatika), Essel Foundation, New Delhi (Senior Classes), Technip India (Primary Classes), Caring Hand for Children, USA (Middle Classes), and Arpana Canada (Middle Classes).

Rural Empowerment

Transforming Lives Through Water Power

Villagers in four remote hamlets of Himachal Pradesh, Dhanota, Hured, Chabdi and Bhakanda, were trapped in poverty. **Arpana Guernsey** interested **the Guernsey Overseas Aid Commission, UK**, in supporting the building of 4 tanks and irrigation systems to enable them to diversify crops and increase earnings exponentially.

With the help of Arpana's team, they planned 4 irrigation tanks along with piping to their fields. All four water tanks have been successfully and very satisfactorily built with full community participation. **Thank you, people of Guernsey!**



Awareness Rally for Alcohol & Drug Free India in Bada Gaon

On 17th November in village Bada Gaon, Arpana's Jan Shakti Federation of Women's self help groups, with the help of Karnal District Administration, organized an awareness rally on Alcohol & Drug Free expedition in India.



Arpana on Website of Ministry of Social Justice and Empowerment, Govt. of India

As part of the program for Alcohol & Drug Free India, the Deputy Commissioner initiated a rally by 500 village women from 27 Arpana self help groups to spread awareness about the dangers of addiction.

Our deep gratitude to the Tides Foundation and the International Disaster & Relief Fund (IDRF), USA, for grants for rural development programs

Arpana Hospital

Hospital Anniversary

On 2nd October, Arpana members, doctors and staff celebrated the 40th Anniversary of Arpana Hospital which was founded to fulfill the need of rural folk for modern medical care.

Today, Arpana Hospital is a multi-speciality facility with qualified doctors and modern equipment and facilities, serving patients from over 500 villages.



Rangila's Baby



Rangila and her husband, Vijay, who lays tiles, live in Gharaunda. This was her first pregnancy and she went for normal checkups to the government hospital. At her last checkup, the doctor, fearing complications, referred her to Arpana Hospital.

Arpana's gynaecologist checked her immediately on arrival and had tests done which showed Rangila had anemia. The ultrasound test showed that the baby was struggling.

To save the life of mother and child, a Caesarian Section was performed that very night and she delivered a healthy male child.

Rangila said that she and her family were very happy with her treatment and relieved to receive Arpana's heavy discount on her bill.

Deep gratitude to the Baij Nath Bhandari Charitable Trust for sponsoring medical care for poor patients.

Your compassionate support sustains Arpana's Services

Arpana Trust and Arpana Research & Charities Trust are both approved under Section 80G of the Income Tax Act, 1961, giving 50% tax relief for donors in India.

FCRA Registration No. for Arpana Trust is 172310001

FCRA Registration No. for Arpana Research & Charities Trust is 172310002

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Arpana Trust, Madhuban, Karnal, Haryana 132037

Send your contributions for health & development services in Haryana & Himachal to:

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Send contributions in USA to:

Mr. Vinod Prakash, President, IDRF, 5821 Mossrock Drive, North Bethesda, MD 20852

Mr. Jagjit Singh, AID for Indian Development, 84 Stuart Court, Los Altos, CA 94022-2249

Send contributions to Arpana Canada:

c/o Mrs. Sue Bhanot, 7 Scarlett Drive, Brampton, Ontario L6Y 3S9, Canada

Please let us know by email or telephone, whenever you transfer funds to Arpana.

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