



*Param Pujya Ma*

# *Arpana*

## *Newsletter*

ARPANA TRUST, Madhuban,  
Karnal, Haryana, India  
December 2013

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### *Arpana Festivities*

#### **Arpana Day**



To celebrate Param Pujya Ma's birth, devotees, friends, Arpana staff and rural womens' groups joined in the prayers, discourses, dances and feasting held during August 23-26.

**Sant Sakhubhai**, Param Pujya Ma's sound-light-action drama, was greatly appreciated by audiences from Karnal and Delhi.

#### **Urvashi Day/ Arpana Hospital Day**

Param Pujya Ma's spontaneous flow of verse elucidating the scriptures, which began on 2nd October, 1958, is celebrated annually as Urvashi Day.

This is also the 33rd anniversary of the founding of Arpana Hospital as an affordable Centre of modern health care for rural inhabitants. Over 14 lakh patients have been treated here since its inception in 1980.

Beautiful dances were performed by the Arpana Staff to commemorate the occasion.

#### **Advantage – Disadvantaged Children!**

42 underprivileged children from Arpana's Educational Program in Molar Bund, Delhi were given a standing ovation when 'Sitaron ke Paas - Kalpana Chawla' premiered at Karnal on 27th Oct. 2013. The play has been written and directed by Sushma Seth, actor and theatre personality, who is also Arpana's Cultural Director, Delhi. The distinguished audience included the Deputy Commissioner, Karnal, Principal of St. Theresa's Convent and Kalpana Chawla's family.

Over 3000 school children, who saw the play the following day, were deeply inspired by Kalpana's perseverance of her dreams and her abiding concern for the environment.



### Stitches of Love

An Arpana Handicrafts Exhibition Sale was held on 19<sup>th</sup> and 20<sup>th</sup> Oct. 2013 at the residence of Drs. Inder and Raj Gupta, Delhi. Hosted by Drs. Rahul and Lena Gupta, this annual sale is eagerly awaited by all their friends who buy and donate magnanimously to make this pre-Diwali sale a success. Also in great demand are the diyas and candles made by friends' children.



## *Arpana Hospital & Outreach*

### Emergency Care Workshop (Nov. 5-13, 2013)

Dr. Davinder Kapur of Northern Ireland motivated 4 paramedics from Northern Ireland to come to Arpana Hospital for an 8 day Emergency Care Workshop for doctors, nurses, paramedics and other staff as well as for



groups from the Haryana Armed Police and other local medical personnel.

The team covered working of vital sign monitors, capnography, orthopaedic stretcher, ECG Recognition, Basic & Advanced Life Support for both adults and paediatrics, as well as performing practical scenarios.

A First Person on Scene (FROS) was conducted in which 9 paramedics were trained and assessed.

The team visited villages to provide mass awareness of saving lives by early and prompt transfer and treatment of trauma cases.

### Ear-Nose-Throat OPD

An ENT OPD started weekly in Arpana Hospital by the well known ENT surgeon, Dr. Keshavnand Kunwar from Delhi, beginning 1<sup>st</sup> October.

### Diabetes & Neuropathy Camp

On 23.08.2013, a Diabetes & Neuropathy Camp was held at Arpana Hospital sponsored by Torrent Pharma. 25 patients attended.

### Arpana's Eye Camps

Besides holding eye camps in **Samalkha** and **Sanauli** every month, Arpana's first eye camp in **Noowala** in Panipat was held for 298 patients on 16<sup>th</sup> September with the support of Ram Sewa Dal and Haryana Netraheen Kalyaan Prishad. They will be held monthly from now on.

There were over 1,025 patients & 112 patients for surgeries in this quarter.

## *Haryana Rural*

### **SHG Women and 'Samvedna' Police Combat Illicit Liquor**

– resulting in decreasing domestic violence in 3 villages!

#### **Tricycles distributed**

Arpana's Program for the Disabled has identified a number of persons for whom assistance is required. On 22<sup>nd</sup> Sept 2013, Arpana Mandir was lit up by the smiles of 3 delighted children, Sahara, Rahul and Virat, who received tricycles thanks to a donation from Capt. Chetan Bali.



#### **Federations of Women's Self Help Groups**

Arpana facilitated and continues to strengthen the functioning of two Federations of women's self help groups which now jointly have a membership of 563 groups.

The annual general body meetings of both Federations were held with the women reaffirming their pledge to promote social justice and community health in their villages.

They rejoiced in the growing efficacy of their Federations which fulfill their need for larger credit and provide a package of services. At present the total savings of Vikas Federation is Rs.9,448,404 and that of Unnati Federation is Rs.1,533,285.

#### **Dairy Business**



60 women from self help groups in Kurukshetra District, visited the 2 collective dairy enterprises facilitated by Arpana, in Taprana and Amritpur Kalan villages. Enthused by the achievements of the members of the 2 dairy collectives, they resolved to start a similar enterprise in their own villages.

#### **Traffic Dharna Restores a Village!**

Flooding had disrupted Rampurkattabagh Village. After two months of extreme distress, 100 women from Arpana's self help groups organised a 'dharna', stopping traffic on a major highway nearby. They did not move until officials sent 3 bulldozers and a pumping set to clean the village and drain the pond and streets.



## *Himachal*

### **Free Paediatric Camp**

A free Paediatric Camp was held at Arpana Health Care & Diagnostic Centre, Dalhousie on 12th-13th Sept 2013, in which 65 patients were examined by Dr. Tanu Goel. Air Commodore, N. Chatrath, was the Chief Guest.



### **Free Medical Check up Camp**

Arpana arranged a free Medical Check up Camp at the Kolka Government High School on 10th Nov. Dr. Hemant Sharma, MD, of Satyam Hospital, Sultanpur, Chamba, examined 106 patients from 12 remote villages.

## *Delhi*

### **Kiddie Carnival**

On 13th Sept, Royal Sundaram Actuarial Services hosted a kiddie carnival at Flora farms in Chattarpur, for 88 students of Arpana's educational program. A carnival atmosphere pervaded with beautiful stalls for food, games, tattoo making, magic and puppet shows, delighting the children.



### **Computer Course by The NIIT Foundation**

The NIIT Foundation conducts a computer course at Arpana's Educational Support Centre for children in slum resettlement colonies.

Results of the NIIT examination were declared with all 24 Arpana students achieving First Division marks! 3 had results above 90% and 12 above 80%.

**Your assistance is needed to continue these programmes:**

**Both Arpana Trust and Arpana Research & Charities Trust are approved under Section 80G of the Income Tax Act, 1961, giving 50% tax relief for donors in India.**

**FCRA Registration No. for Arpana Trust is 172310001**

**FCRA Registration No. for Arpana Research & Charities Trust is 172310002**

Send your contribution for dissemination of humane values & medical and community welfare services in Delhi to: **Arpana Trust, Madhuban, Karnal, Haryana 132 037**

Send your contributions for health & development services in Haryana & Himachal to:

**Arpana Research & Charities Trust, Madhuban, Karnal, Haryana 132 037**

**Tel: 91-184-2380801, Fax: 91-184-2380810, [at@arpana.org](mailto:at@arpana.org) and [arct@arpana.org](mailto:arct@arpana.org)**

Please let us know by email or telephone, whenever you transfer funds to Arpana.

**Mr. Harishwar Dayal, Executive Director of Arpana. Mobile: 9818600644**

**Mrs. Aruna Dayal, Director Development Mobile 91-9873015108, 91-9896242779**